FOUR-HOUR LIVE WEBINAR

Tue., Mar. 7, 2023

(REGISTRATION FORM)

NON-OPIOID SUBSTANCE ABUSE: PATHOPHYSIOLOGY, DIAGNOSIS, & TREATMENT

LIVE WEBINAR:

Tue., Mar. 7, 2023, 12:00 PM - 4:15 PM, (Eastern Time) or 11:00 AM - 3:15 PM. (Central Time) or 9:00 AM - 1:15 PM, (Pacific Time)

\$69 – Pre-Registration Rate: Live Webinar with 4 contact hours.

Registrants will need a computer with a good Internet connection and audio speakers (or headphones) to participate in the live Webinar.

*Please note special discounts for homestudy purchase are available for students who are registered for webinars. Please email INR at info@biocorp.com for more information

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There are four ways to register:

- 1) Internet: www.INRseminars.com
- Mail: INR, P.O. Box 5757, Concord, CA 94524-0757
 - (Make check payable to INR.)
- Fax: (925) 687-0860
- Phone: 1-800-937-6878

Inquiries for Customer Service: 1-877-246-6336 or (925) 609-2820 Purchase orders are accepted. Tax Identification No. 94-2948967

ACCREDITATION

To obtain the 4 contact hours associated with this course, the health care professional will need to sign in, attend the course, and complete program evaluation forms. At the end of the program, the health care professional successfully completing the course will receive a statement of credit. This is an intermediate-level course.

NURSES (RNs, NPs, & LPNs)

Institute for Natural Resources (INR) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation..

This program provides 4 contact hours for nurses, including 4 Rx contact hours of pharmacology CE. INR has been accredited as a continuing education provider by the Florida Board of Nursing (#50-3026-1), the Iowa Board of Nursing (#288) for 4 contact hours, and the California Board of Registered Nursing (CEP #06136) and the Kansas Board of Nursing (#LT0140-0927) for 4.8 contact

DENTAL PROFESSIONALS

INR is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. INR designates this activity for 4 hours of continuing education credits.

PHARMACISTS

Institute for Natural Resources is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity number (UÁN) for this course is 0751-0000-20-081-L01-P. This is a knowledge-based



REGISTERED DIETITIANS & DTRs

INR, under Provider Number IN001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 4 hours worth of continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. CDR is the credentialing agency for the Academy of Nutrition and Dietetics. This course has Activity Number 157781 and Performance Indicators: 6.2.3, 6.2.4, 10.4.1, and 10.4.5. CPE Level: I.

PSYCHOLOGISTS

Under CE Broker # 50-3026, INR is an approved provider by the Florida Board of Psychology. The Institute for Natural Resources (INR) is approved by the CPA OPD to sponsor continuing professional education for psychologists. INR maintains responsibility for this program and its content. Psychologists must attend the seminar in its entirety and complete the course evaluation in order to receive credit. Under License #PSY000214, the Pennsylvania Board of Psychology has approved INR as a sponsor/ provider of CE programs. Under Sponsor #268.000096, the Illinois Dept of Prof Regulation for Psychologist Licensing and Disciplinary Board has approved INR as a CE sponsor. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0042. This program has been approved by the Minnesota Board of Psychology for 4 continuing education hours.

MENTAL HEALTH COUNSELORS, MFTs, & ADDICTION COUNSELORS

Under Sponsor #00088989 and Approval #60007958367, CRCC has approved this course for four contact hours. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC-0089. Under Sponsor #197-000240, the Illinois Dept of Prof Regulation has approved INR as a CE sponsor for professional/clinical counselors. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0055. Under Sponsor #168.000243, the Illinois Dept of Prof Regulation has approved INR as a CE sponsor for marriage and family therapists. Under CE approval #NVCEP2021, the Nevada Board of Examiners for MFT and CPC has approved INR as a sponsor. INR is approved by the NAADAC Approved Education Provider Program, Provider #182846.

SOCIAL WORKERS

Institute for Natural Resources (INR), SW CPE is recognized by the NY SED State Board for Social Work as an approved provider of continuing education for licensed social workers #0195. The California Board of Behavioral Sciences will accept courses approved by the California Psychological Association. Institute for Natural Resources, #1356, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Institute for Natural Resources maintains responsibility for this course. ACE provider approval period: 02/28/2022-02/28/2025. Social workers completing this course receive 4 continuing education credits. Institute for Natural Resources (INR), SW CPE is recognized by the NY SED State Board for Social Work as an approved provider of continuing education for licensed social workers #0195. The California Board of Behavioral Sciences will accept courses approved by ASWB. Under Sponsor #159-000260, the Illinois Dept of Prof Regulation has approved INR as a sponsor of continuing social work education. This course "Non-Opioid Substance Abuse: Pathophysiology, Diagnosis, & Treatment," Approval #05152022-4 provided by INR, is approved for continuing education by the New Jersey Social Work Continuing Education Approval Collaborative, which is administered by NASW-NJ. CE Approval Collaborative Approval Period: 09/01/22 through 08/31/24. New Jersey social workers will receive four (4) Clinical CE credits for participating in this

OCCUPATIONAL THERAPISTS & OTAS

INR is an AOTA Approved Provider of continuing education. Provider #5347. INR has assigned 0.4 AOTA CEUs for this course. The category of this course is Foundational Knowledge. The assign-

ACCREDITATION (cont.'d)

ment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.
PHYSICAL THERAPISTS & PTAs

The Florida Physical Therapy Association has approved this course for 4 contact hours (Approval #CE 23-788328). Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors. INR is recognized as an approval agency to approve providers offering continuing competency courses by the Physical Therapy Board of California. This course has been approved by the Institute for Natural Resources (INR) for 4 continuing competency units. The NY SED has approved INR as a sponsor of continuing physical therapy education. Under Sponsor #216-000264, the Illinois Dept of Prof Regulation has approved INR as a sponsor for continuing physical therapy education.

CASE MANAGERS

This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs). NURSING HOME ADMINISTRATORS (Distance Learning)

This program has been submitted for Continuing Education through NAB/NCERS for 4 total participant hours from NAB/NCERS. Please visit https://www.nabweb.org/continuing-education and choose "NAB Approved CE Database" for the most current approved courses. OTHER HEALTH PROFESSIONALS

Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credit, participants should contact their respective regulatory

(A 4-HOUR LIVE INTERACTIVE WEBINAR)

SCHEDULE

Please see the Registration Form for the seminar schedule.

Please register early. Space is limited. Registrations are subject to cancellation after the scheduled start time. A transfer can be made from one Webinar to another if space is available. Registrants cancelling up to 72 hours before a Webinar will receive a tuition refund less a \$25.00 administrative fee or, if requested, a full-value voucher, good for one year, for a future Webinar. Cancellation or voucher requests must be made in writing. If a Webinar cannot be held for reasons beyond the control of the sponsor (e.g., acts of God), the registrant will receive free admission to a rescheduled Webinar or a full-value voucher, good for one year, for a future Webinar. A \$25.00 service charge applies to each returned check. Nonpayment of full tuition may, at the sponsor's option, result in cancellation of CE credits issued. The syllabus is not available for separate purchase. A \$15.00 fee will be charged for the issuance of a duplicate certificate. Fees subject to change without notice.

SPONSOR

INR (Institute for Natural Resources) is a non-profit scientific organization dedicated to research and education in the fields of science and medicine. INR is the nation's largest provider of live continuing education programs, offering over 600 live programs yearly.

INR has no ties to any ineligible organizations and sells no products of any kind, except educational materials. Neither INR nor any instructor has a material or other financial relationship with any health care-related business that may be mentioned in an educational program. If INR were ever to use an instructor who had a material or other financial relationship with an entity mentioned in an educational program, that relationship would be disclosed at the beginning of the program. INR takes all steps to ensure that all relevant program decisions are made free of the control of a commercial interest as defined in applicable regulatory policies, standards, and guidelines. INR does not solicit or receive gifts or grants from any source, has no connection with any religious or political entities, and is totally supported by its course tuition

INR's address and other contact information follows:

P.O. Box 5757, Concord, CA 94524-0757

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Education expenses (including enrollment fees, books, tapes, travel costs) may be deductible if they improve or maintain professional skills. Treas. Reg. Sec. 1.162-5. Recording of the seminar, or any portion, by any means is strictly prohibited. INR's liability to any registrant for any reason shall not exceed the amount of tuition paid by such registrant.

For American Disability Act (ADA) accommodations or for addressing a grievance, please send the request by email to info@inrseminars.com or by fax to (925) 363-7798. For ADA matters (including sign-language interpreters), INR would appreciate advance notice so as to ensure our ability to provide the appropriate accommodation.

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NON-OPIOID SUBSTANCE ABUSE: PATHOPHYSIOLOGY, DIAGNOSIS, & TREATMENT

Frequently Asked Questions

- Q: What do I have to do to complete the live Webinar successfully?

 To obtain the 4 contact hours associated with this course, the health professional will need to sign-in (by typing in the chat-box), attend the course online, and complete the program evaluation form and post-test electronically. At the end of the program, after all the evaluation and post-tests are accounted for, the health professional successfully completing the program will receive a statement of credit. This will take approximately 3 to 5 business days. This is an intermediate-level course.
- Q: How will I know that my profession qualifies for continuing education credit? Please see the section marked Accreditation. All professions for which INR (Institute for Natural Resources) has approval are listed in the Accreditation section.
- Q: What happens if I have technical difficulties watching or hearing a Webinar? You can transfer the tuition paid to another Webinar within two years or request a recording within 3 to 5 days to complete the webinar ASAP for live credit.
- Q: My profession is not listed on the brochure. Is it possible to obtain continuing-education credit? Possibly. Please contact INR's customer-service office at 1-877 246-6336 or by email at info@biocorp.com. The customer-service office can tell you if INR has approval for your profession.

COURSE SUMMARY

In many regions in the United States, it is not only opioids that are killing tens of thousands of people per year, but the mixing other dangerous prescription and non-prescription drugs with opioids and alcohol. These deadly mixtures are known as "Goofballs" and "Speedballs" and are destroying many urban and rural American communities. In the past, Goofballs were street-slang for barbiturates such as Seconal, or benzodiazepines such as Valium and Xanax. Now, however, the "Goofball" is a deadly combination of potent methamphetamine and heroin. This poison is usually taken intravenously, but it can also be snorted or smoked. Whatever the method, goofballs can kill you.

"Speedballs" are a mixture of cocaine and heroin or other opioids like fentanyl. Celebrities like John Belushi, Chris Farley, River Phoenix, and Layne Staley all died from speedball overdoses. Cocaine and methamphetamine provide the substance abuser with an "Up" to counter the opioid's "Down."

This webinar will discuss how these non-opioid drugs may be:

- (a) incorrectly prescribed
- (b) feed into opioid addiction
- (c) cause a disastrous increase in overdose deaths and substance use disorder in the US.

Clinicians can only fully understand the opioid epidemic in America by recognizing what patients/clients are taking with the opioids.

Disclaimer: These live interactive INR presentations provide continuing education for health care and mental health professionals with the understanding that each participant is responsible to utilize the information gained in an appropriate manner congruent with his/her/their scope of licenses.

PROGRAM/LECTURE

HOUR 1

- The History of Stimulant Drug Use & Abuse in the United States (US):
 Amphetamines, Cocaine, and Ecstasy (MDMA)
- · Pharmacokinetics of Cocaine and Amphetamines.
- Understanding the Trap of Stimulant Drugs: How Neurotransmitters
 Contribute to Anorexia, Alertness, and Euphoria.
- The Devastating Downside of Amphetamines and Cocaine: Addiction, Hypertension, Hyperthermia, Arrhythmias, Delirium, and Seizures.
- Catastrophe in the Making: Acute and Chronic Effects of Amphetamines and Cocaine. Crystal Meth.
- Recognizing Overdose or Withdrawal: From the Emergency Room (ER) to Rehab.
- Adverse Drug Interactions with Cocaine and Amphetamines.

HOUR 2

- The History of Benzodiazepines in the US: From "Mother's Little Helper" to Overdose and Suicide.
- Pharmacokinetics of Benzodiazepines: Increased Risks with Advancing Age.
- Anxiolytics and Sedatives: Recognizing Signs and Symptoms of Abuse.
- Benzodiazepines and Barbiturates: Chronic Effects and Toxicity or Overdose.
- Double Trouble: When Patients Misuse Alcohol and Benzodiazepines. Care in the ER. Adverse Drug Interactions with Benzodiazepines.
- Restlessness, Disturbing Dreams and REM (Rapid Eye Movement) Rebound:
 Managing Benzodiazepine Withdrawal.

HOUR 3

- The Overprescribed New "Pain Pill": Unintended Consequences of Replacing Opioids with Gabapentinoids.
- Appropriate Clinical Use of Gabapentin and Pregabalin: Seizure and Movement Disorders, Neuropathic Pain Syndromes (Postherpetic Neuralgia, Diabetic Neuropathies. Phantom Limb Pain. and Multiple Sclerosis.
- Pharmacokinetics of Gabapentinoids: Absorption, Distribution, Metabolism, and Elimination.
- Risky Business: The Danger of Mixing Gabapentinoid with Central Nervous System (CNS) Depressants or Psychoactive Drugs.

HOUR 4

- When Too Much Is Not Enough: Current Clinical Definition of Alcohol Use Disorder
- Binge Drinking, Peer Pressure, and Depression: From Middle School to Senior Living.
- Deadly Cocktails: Combining Alcohol with Amphetamines, Gabapentinoids, Benzodiazepines or Sleeping Pills.
- Recognizing Problem Drinking: Evaluating Patients in the Office or Clinic, DSM-5 Questions to Ask.
- Treating Patients with Alcohol Use Disorder: Managing Withdrawal, Rehab, Counseling, and Maintenance.

LEARNING OBJECTIVES

Participants completing this course will be able to:

- describe the common signs and symptoms of stimulant drugs including cocaine, ecstasy, and amphetamines.
- 2) list the potential chronic effects of stimulant drugs including crystal meth.
- 3) outline the clinical signs of benzodiazepine overdose and withdrawal.
- describe the typical neurologic and psychological symptoms of benzodiazepine, amphetamine, and gabapentinoid abuse.
- 5) discuss the likely clinical presentation of patients using benzodiazepines, amphetamines, and gabapentinoids.
- 6) list the common signs and symptoms of alcohol use disorder.
- describe the most serious adverse drug interactions associated with opioids, alcohol, anxiolytics, amphetamines and gabapentinoids.
- 8) describe how the information in this course can be utilized to improve patient care outcomes.

INSTRUCTOR

Dr. Eric Bornstein (DMD) is the former Chief Medical Officer of Nomir Medical Technologies, and is a biochemist, dentist, and photo-biologist. He has successfully taken three medical device through to FDA 510k approval. Dr. Bornstein has managed five human clinical trials and has patented multiple medical technologies in the areas of lasers, photo-biology, circadian rhythm, adipose tissue modification, and biofilm eradication. Dr. Bornstein is widely published in peer-reviewed journals such as "Current Trends in Microbiology" and "Compendium." For the past five years, he has delivered continuing education seminars and webinars to over 100,000 health care professionals. His lectures encompass the subjects of pharmacology, marijuana, vaping, opioids, hallucinogens, drug abuse, periodontal disease and medical devices. Dr. Bornstein has lectured all over the United States, Canada, Mexico, the UK, Germany, and Israel.

INR reserves the right to change instructors without prior notice. Every instructor is either a compensated employee or independent contractor of INR.

SYSTEM REQUIREMENTS

For system requirements to participate in INR's live webinars, please visit Zoom's website at https://support.zoom.us/hc/en-us/articles/201362023-Zoom-system-requirements-Windows-macOS-Linux.