

SIX-HOUR LIVE WEBINAR

Sat., July 22, 2023

(REGISTRATION FORM)

SUICIDE ASSESSMENT, TREATMENT, & COLLABORATIVE MANAGEMENT FOR HEALTH PROFESSIONALS

This 6-hour webinar meets the suicide prevention training requirement for health professionals licensed in California, Kansas, Kentucky, Missouri, Washington, and many other states.

Please Check One Option Below:

LIVE WEBINAR: Sat., July 22, 2023, 9:30 AM – 5:00 PM, (Eastern Time)
or 8:30 AM – 4:00 PM, (Central Time)
or 6:30 AM – 2:00 PM, (Pacific Time)

\$83 – Pre-Registration Rate: Live Webinar with 6 hours of CE credit.

Registrants will need a computer with a good Internet connection and audio speakers (or headphones) to participate in the live Webinar.

\$83 – Streaming video or DVD available for homestudy credit.

\$69 – Streaming video or DVD only without homestudy test.

*Please note special discounts for homestudy purchase are available for students who are registered for webinars. Please email INR at info@biocorp.com for more information.

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Profession _____ License No. _____
Pharmacists only: NABP # _____ Date of Birth _____ mm / dd / yy

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There are four ways to register:

- 1) **Internet:** www.INRseminars.com
- 2) **Mail:** INR, P.O. Box 5757, Concord, CA 94524-0757
(Make check payable to INR.)
- 3) **Fax:** (925) 687-0860
- 4) **Phone:** 1-800-937-6878

Inquiries for Customer Service: 1-877-246-6336 or (925) 609-2820
Purchase orders are accepted. Tax Identification No. 94-2948967

ACCREDITATION

To obtain the 6 contact hours associated with this course, the health care professional will need to sign in, attend the course, and complete program evaluation forms. At the end of the program, the health care professional successfully completing the course will receive a statement of credit. This is an intermediate-level course.

NURSES (RNs, NPs, & LPNs)

Institute for Natural Resources (INR) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program provides 6 contact hours for nurses, including one Rx contact hour of pharmacology CE. INR has been accredited as a continuing education provider by the California Board of Registered Nursing (CEP #06136) for 7.2 contact hours and the Florida Board of Nursing (#50-3026) for 6 contact hours.

DENTAL PROFESSIONALS

This 6-hour webinar meets the Washington State suicide prevention training requirement for health professionals. INR is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. INR designates this activity for 6 hours of continuing education credits.

PHARMACISTS

Institute for Natural Resources is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity number (UAN) for this course is 0751-0000-20-102-L04-P. This is a knowledge-based CPE activity.



REGISTERED DIETITIANS & DTRs

INR, under Provider Number IN001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6 hours worth of continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. CDR is the credentialing agency for the Academy of Nutrition and Dietetics. This course has Activity Number 138259 and Performance Indicators: 12.4.1, 12.4.2, 7.1.3, and 7.1.4. CPE Level: I.



PSYCHOLOGISTS

Under CE Broker #50-3026, INR is an approved provider by the Florida Board of Psychology. The Institute for Natural Resources (INR) is approved by the CPA OPD to sponsor continuing professional education for psychologists. INR maintains responsibility for this program and its content. Psychologists must attend the seminar in its entirety and complete the course evaluation in order to receive credit. Under License #PSY000214, the Pennsylvania Board of Psychology has approved INR as a sponsor/provider of CE programs. Under Sponsor #268.000096, the Illinois Dept of Prof Regulation for Psychologist Licensing and Disciplinary Board has approved INR as a CE sponsor. INR, under Provider #00PO-942948967 from the Ohio Psychological Association—Mandatory Continuing Education Office, is an approved provider of continuing education for Ohio-licensed psychologists. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0042. This program has been approved by the Minnesota Board of Psychology for 6 continuing education hours.

MENTAL HEALTH COUNSELORS, MFTs, & ADDICTION COUNSELORS

Institute for Natural Resources has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7156. Programs that do not qualify for NBCC credit are clearly identified. Institute for Natural Resources is solely responsible for all aspects of the programs.



Institute for Natural Resources (INR) is recognized by the NY SED State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC-0089. Under Sponsor #00088989 and Approval #60007949651, CRCC has approved this course for six contact hours. Under Sponsor #197-000240, the Illinois Dept of Prof Regulation has approved INR as a CE sponsor for professional/clinical counselors. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0055. Under Sponsor #168.000243, the Illinois Dept of Prof Regulation has approved INR as a CE sponsor for marriage and family therapists. Under CE approval #NVCEP2021, the Nevada Board of Examiners for MFT and CPC has approved INR as a sponsor. INR is approved by the NAADAC Approved Education Provider Program, Provider #182846.

SOCIAL WORKERS

Institute for Natural Resources, #1356, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Institute for Natural Resources maintains responsibility for this course. ACE provider approval period: 02/28/2022 – 02/28/2025. Social workers will receive six (6) clinical continuing education credits. Institute for Natural Resources (INR), SW CPE is recognized by the NY SED State Board for Social Work as an approved provider of continuing education for licensed social workers #0195. This course "Suicide Assessment, Treatment, & Collaborative Management", Approval #05262022-7 provided by INR, is approved for continuing education by the New Jersey Social Work Continuing Education Approval Collaborative, which is administered by NASW-NJ. CE Approval Collaborative Approval Period: 09/01/22 through 08/31/24. New Jersey social workers will receive six (6) Clinical CE credits for participating in this course.

OCCUPATIONAL THERAPISTS & OTAs

INR is an AOTA Approved Provider of professional development. PD activity approval ID #4458. This distance learning - interactive activity is offered at 0.6 AOTA CEUs, introductory education level, professional issues category. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



PHYSICAL THERAPISTS & PTAs

The Florida Physical Therapy Association has approved this course for 6 contact hours (Approval #

ACCREDITATION (cont.'d)

CE 23-606467). Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors. This 6-hour webinar meets the Washington State suicide prevention training requirement for health professionals. INR is recognized as an approval agency to approve providers offering continuing competency courses by the Physical Therapy Board of California. This course has been approved by the INR for 6 CCUs. The NY SED has approved INR as a sponsor of continuing physical therapy education. The New Jersey State Board of Physical Therapy Examiners has approved this course for 6 hours continuing education credits. The NJBPTE Course Approval #2210-39.

CASE MANAGERS

This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).

NURSING HOME ADMINISTRATORS (Distance Learning)

This program has been submitted for Continuing Education through NAB/NCERS for 6 total participant hours from NAB/NCERS. Please visit <https://www.nabweb.org/continuing-education> and choose "NAB Approved CE Database" for the most current approved courses.

OTHER HEALTH PROFESSIONALS

Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credit, participants should contact their respective regulatory boards.



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SCHEDULE

Please see the Registration Form for the seminar schedule.

Please register early. Space is limited. Registrations are subject to cancellation after the scheduled start time. A transfer can be made from one Webinar to another if space is available. Registrants cancelling up to 72 hours before a Webinar will receive a tuition refund less a \$25.00 administrative fee or, if requested, a full-value voucher, good for one year, for a future Webinar. Cancellation or voucher requests must be made in writing. If a Webinar cannot be held for reasons beyond the control of the sponsor (e.g., acts of God), the registrant will receive free admission to a rescheduled Webinar or a full-value voucher, good for one year, for a future Webinar. A \$25.00 service charge applies to each returned check. Nonpayment of full tuition may, at the sponsor's option, result in cancellation of CE credits issued. The syllabus is not available for separate purchase. A \$15.00 fee will be charged for the issuance of a duplicate certificate. Fees subject to change without notice.

SPONSOR

INR (Institute for Natural Resources) is a non-profit scientific organization dedicated to research and education in the fields of science and medicine. INR is the nation's largest provider of live continuing education programs, offering over 600 live programs yearly.

INR has no ties to any ineligible organizations and sells no products of any kind, except educational materials. Neither INR nor any instructor has a material or other financial relationship with any health care-related business that may be mentioned in an educational program. If INR were ever to use an instructor who had a material or other financial relationship with an entity mentioned in an educational program, that relationship would be disclosed at the beginning of the program. INR takes all steps to ensure that all relevant program decisions are made free of the control of a commercial interest as defined in applicable regulatory policies, standards, and guidelines. INR does not solicit or receive gifts or grants from any source, has no connection with any religious or political entities, and is totally supported by its course tuition.

INR's address and other contact information follows:
P.O. Box 5757, Concord, CA 94524-0757
Customer service: 1-877-246-6336 or (925) 609-2820

Fax: (925) 687-0860

E-Mail: info@inrseminars.com; website, www.INRseminars.com

Tax Identification Number 94-2948967.

Education expenses (including enrollment fees, books, tapes, travel costs) may be deductible if they improve or maintain professional skills. Treas. Reg. Sec. 1.162-5. Recording of the seminar, or any portion, by any means is strictly prohibited. INR's liability to any registrant for any reason shall not exceed the amount of tuition paid by such registrant.

For American Disability Act (ADA) accommodations or for addressing a grievance, please send the request by email to info@inrseminars.com or by fax to (925) 363-7798. For ADA matters (including sign-language interpreters), INR would appreciate advance notice so as to ensure our ability to provide the appropriate accommodation.

SUICIDE ASSESSMENT, TREATMENT, & COLLABORATIVE MANAGEMENT FOR HEALTH PROFESSIONALS

Frequently Asked Questions

Q: What do I have to do to complete the live Webinar successfully?

To obtain the 6 contact hours associated with this course, the health professional will need to sign-in (by typing in the chat-box), attend the course online, and complete the program evaluation form and post-test electronically. At the end of the program, after all the evaluation and post-tests are accounted for, the health professional successfully completing the program will receive a statement of credit. This will take approximately 3 to 5 business days. This is an intermediate-level course.

Q: How will I know that my profession qualifies for continuing education credit?

Please see the section marked Accreditation. All professions for which INR (Institute for Natural Resources) has approval are listed in the Accreditation section.

Q: What happens if I have technical difficulties watching or hearing a Webinar?

You can transfer the tuition paid to another Webinar within two years or request a recording within 3 to 5 days to complete the webinar ASAP for live credit.

Q: My profession is not listed on the brochure. Is it possible to obtain continuing-education credit?

Possibly. Please contact INR's customer-service office at 1-877 246-6336 or by email at info@biocorp.com. The customer-service office can tell you if INR has approval for your profession.

COURSE SUMMARY

Suicide is among the top ten causes of death in the United States the fourth leading cause for those aged 35 to 54 and the second leading cause for individuals aged 10 to 34. The scientifically-based, six-hour course, "Suicide Assessment: Treatment and Collaborative Management for Health Professionals," will examine methods for preventing suicide. This six-hour course meets the Washington State suicide prevention-training requirement for health professionals.

The course will cover procedures for assessing the risk of suicide and examine appropriate actions for different levels of risk. The course will look at suicide levels among different population groups, including veterans. It will cover the treatment and management of individuals who are at risk of committing suicide. Participants will be offered an in-depth review of the Three-Step Theory (3ST), a special method for preventing suicide. The course will cover personality traits associated with suicide. The course will examine special exercises that health practitioners and patients can use to help prevent suicide. It will review a mental-status examination that can help identify patients at risk of committing suicide.

Disclaimer: These live interactive INR presentations provide continuing education for health care and mental health professionals with the understanding that each participant is responsible to utilize the information gained in an appropriate manner congruent with his/her/their scope of licenses. Furthermore, the contents of these presentations are relevant to graduate level counselors; The presenter teaching the program has an advanced degree in the mental health field.

PROGRAM/LECTURE

Morning Session: 8:30 AM to 10:00 AM

- Procedures, Schedule Overview, Developer and Trainer Expertise.
- Local Data.
- Suicide Risk Assessment.
- The Data, Field of Suicidology, and Risk Assessment.
- How to Structure an Assessment Interview.
- How to Understand the Level of Risk.
- Skills Practice Exercise #1.

Break (15 minutes) First Break: 10:00 AM to 10:15 AM

Mid-Morning Session: 10:15 AM to 11:30 AM

- Suicide Risk Assessment Continued.
- Appropriate Actions for Different Levels of Risk.
- Documentation; HIPAA & Info Sharing; Legal Cases.
- Treatment/Management of Risk.
- Available Evidence-Based Treatments.
- Safety Planning Strategies Including Engagement of Supportive Third Parties and Reducing Access to Lethal Means; Continuity of Care.
- Skills Practice Exercise #2.

Lunch: 11:30 AM to 12:30 PM

Afternoon Session: 12:30 PM to 2:00 PM

- Treatment and Management of Suicidal Risk.
- Suicide Among Veterans.
- Population-Specific Data.
- Population-Specific Risk and Protective Factors.
- Population-Specific Intervention Strategies.
- Suicide Risk Patterns Among Incarcerated.
- Specific Risk Patterns for Suicide Among the Incarcerated.
- Applying Three Step Theory to Reduce Risk Among Incarcerated.
- Borderline Personality Disorder.
- Diagnosis.
- Suicide Risk Data.
- Harm Mitigation.
- How to Recognize and Assess Non-Suicidal Self-Injury and Other Self-Injurious Behaviors and Assess Intent.
- Common Means, Lethality and Impulsivity; Screening for and Limiting Access to Lethal Means Prevents Suicide.
- Reduce Risk of Imminent Harm & Referrals.
- Suicide Postvention & Reducing Risk of Suicide Contagion.

Break (15 minutes): 2:00 PM to 2:15 PM

Mid-Afternoon Session: 2:15 PM to 4:00 PM

- Skills Practice Exercise #3.
- Questions, Answers, Course Quiz Review, Evaluation.

LEARNING OBJECTIVES

Participants completing this course will be able to:

- 1) describe suicide risk assessment including how to structure an assessment interview, understand risk level, and take appropriate actions based on risk level and best practice.
- 2) identify important elements of appropriate documentation for risk assessment.
- 3) discuss treatment and management of suicidal risk including evidence-based treatments with data from the past four years, safety planning, and continuity of care.
- 4) discuss suicide among veterans, including population-specific data, risk/protective factors, and intervention strategies.
- 5) describe importance of sensitivity to the client population we are discussing and the role of lived experience of survivors.
- 6) describe the implications of content learned in this course for nursing, dentistry, mental health, and other health care professions.

INSTRUCTOR

Dr. Samara C. Kezele Fritchman (LMHC, EJD, PhD) is a Washington State-licensed mental health counselor (LMHC), a national certified counselor (NCC) through NBCC (National Board for Certified Counselors), a Certified Employee Assistance Professional (CEAP), and a Critical Incident Responder as a Certified Clinical Trauma Professional.

Dr. Fritchman holds a doctoral degree (PhD) in educational psychology and an executive juris doctorate (EJD: a law degree for those individuals who do not intend to become practicing attorney) from Columbus University. In addition, she obtained a master's degree in counseling psychology from St. Martin's College, and has been in private practice for 30 years. In her professional career, Samara has provided consulting, counseling, and professional-development services. She has over 40 years of experience working with all levels of staff, spanning a variety of job classifications, ethnic backgrounds, and educational levels within a wide variety of industries providing consulting, counseling, and professional development services. Dr. Fritchman currently provides tele-therapy for Employee Assistant Programs (EAP).

Dr. Fritchman is the presenter of several INR programs: "Ethics/Legal Issues for Mental Health Professionals," "Suicide Assessment, Treatment & Management, and Collaborative Management with Health Professionals," and "Diversity and Cultural Competence." Samara's presentations are derived from her work with complex clients. Samara's "Ethics" program is one of the longest-running national ethics seminars in the United States. Samara's use of humor, relevant examples, and the ability to elicit lively audience interactions help make a tough subject fun and the day fly by.

INR reserves the right to change instructors without prior notice. Every instructor is either a compensated employee or independent contractor of INR.

SYSTEM REQUIREMENTS

For system requirements to participate in INR's live webinars, please visit Zoom's website at <https://support.zoom.us/hc/en-us/articles/201362023-Zoom-system-requirements-Windows-macOS-Linux>.